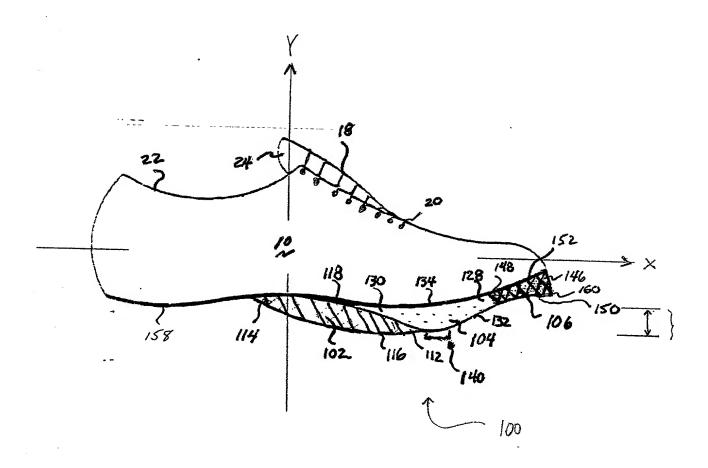


F16.3



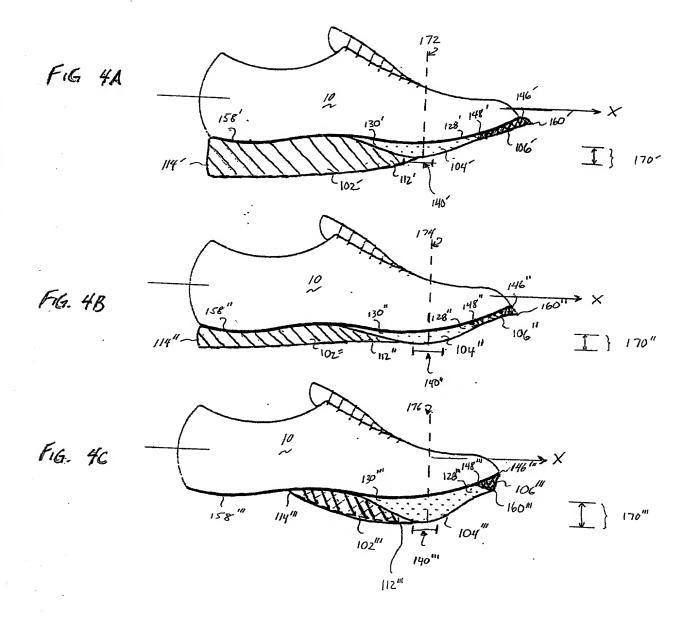


FIG. 5A F16. 5B. Dir. of running -( Foot Strike @ forefrot) footstrike @ Metatarsal Sints) Funning Shoel

(Foot Strike @ Heel) Dir. of Running -11,500 meter (foot Spake @ midfoot)

F16. 50

FIG. 5D